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MASTER OF PUBLIC HEALTH IN PUBLIC HEALTH NUTRITION (MPH)

ABOUT

The Rutgers School of Public Health's Master of Public Health (MPH) in Public Health Nutrition degree prepares students to improve the nutrition and health of local and global populations. In partnership with the Department of Clinical and Preventive Nutrition Sciences in the Rutgers School of Health Professionals, this program provides students with the in-depth training required to assess dietary needs and develop nutrition interventions. Graduates will be prepared to uniquely serve the needs of various communities including analyzing local and global food systems, identifying the nutritional status of populations, and the relationships between diet, nutrition, and health outcomes.

Graduates are eligible to sit for the Certified in Public Health Exam.

PROGRAM FORMAT

The MPH in Public Health Nutrition degree is offered to students on a full-time or part-time basis. Students will complete a total of 45 credits, including a practicum experience and capstone research project.

If completing the program as a full-time student (nine or more credits per semester), the degree requirements may be completed in as little as two years (four to five semesters).

Part-time students taking at least six credits per semester may expect to finish within four years. Taking courses in the summer may help expedite part-time students' timing.

Courses are available in-person, remote, and/or online.

Students are also required to register for and complete an Interprofessional Education activity prior to graduation.

FAST FACTS



Program Size: 16 Students

Total Credits: 45

Format: Full-time and part-time in-person; some online courses available

Degree Options: Dual degree and 15+ additional certificates

Certified in Public Health Exam Eligibility: Yes

Application Deadlines:

Fall Semester Start Date

January 15 (priority)
May 1 (regular)

Spring Semester Start Date

October 15 (priority)
December 1 (regular)

Apply Today:



[go.rutgers.edu/
sph-apply](https://go.rutgers.edu/sph-apply)

The Public Health Nutrition concentration has opened my eyes to the many ways food impacts our daily lives. From health to culture to social justice, food plays an integral role in our lifestyle decisions and the choices we make daily.

- Taylor, MPH '22

PROGRAM FORMAT, CONT.

The Rutgers School of Public Health and the Rutgers School of Health Professions offers students the opportunity to earn a MPH in Public Health Nutrition and a Master of Science in Clinical Nutrition (MS) dual-degree. Students who complete the dual-degree program are eligible to sit for the Registered Dietitian certification/exam.

Dual-degree options are also available in partnership with other Rutgers University schools. Students can earn a post-baccalaureate certificate alongside their degree with an additional 6-12 credits. Contact admissions for additional information at admissions@sph.rutgers.edu.

APPLICATION REQUIREMENTS

A complete application includes:

- Online application: visit go.rutgers.edu/sph-apply
- Official transcripts from all post-secondary institutions attended
- Statement of goals, one-to-three pages in length, which addresses:
 - Interest in the program
 - Preparedness for the program
 - Goals and aspirations
- Two letters of recommendation with at least one letter from an academic reference if you are currently enrolled in a degree program or have graduated within the last four years
- Resume or CV
- GRE General Exam (optional)
- TOEFL or IELTS score for applicants educated in a non-native English-speaking country

Applications are accepted on a rolling, space-available basis following the regular deadline.

DID YOU KNOW?

The school has several research centers and works closely with Rutgers University institutes:

- Center for Public Health Workforce Development
- Center for Health, Identity, Behavior & Prevention Studies
- Center on Gun Violence Research
- Cancer Health Equity Center of Excellence
- Center for South Asian Quantitative Health & Education
- Institute for Nicotine & Tobacco Studies
- Environmental and Occupational Health Sciences Institute
- Institute for Health, Healthcare, Policy and Aging Research
- Rutgers Cancer Institute of New Jersey
- ...and more

STUDENT SPOTLIGHT



"While my undergraduate studies are in psychology and social work, my personal interests are in cooking, baking, and gardening. Through my current studies in Public Health Nutrition, I have been able to integrate my love for food, health, and sustainability with my desire to educate and provide access to quality nutrition for all. I hope to one day develop and lead a nonprofit organization where I can provide education on urban agriculture, sustainability practices, and garden-to-table cooking methods while also incorporating nutritional education into the program."

- Shannon, MPH Student

CURRICULUM

- Core Public Health Courses (18 credits)
- Practicum (3 credits)
- Concentration Courses (18 credits)
- Elective Courses (6 credits)
- Other Requirements

Total: 45 credits

CAREERS

- Food Security Program Manager
- Research Coordinator
- Health Educator
- Health Promotion Program Coordinator
- WIC Nutritionist
- Community Health Worker

Ranked Among the Best in the Country

The school is ranked among the top 25 Best Graduate Schools in Public Health by U.S. News & World Report.

\$88 million

School primary faculty and students were directly awarded a historic \$88 million in federal grant/contract funding in 2023. These were prime awards made to Rutgers University.

Historic Endowment for LGBTQ+ Health

A \$3 million gift from James F. Dougherty, will fund the Perry N. Halkitis Endowed Chair in LGBTQ+ Public Health at the school.