

Abbreviated Curriculum Vita

Patrick R. Clifford
Rutgers University, School of Public Health
Department of Health Behavior, Society, and Policy
Social and Behavioral Health Sciences Concentration

Educational Background

Brown University
Center for Alcohol and Addiction
Studies

NIAAA Post-Doctoral Research
Fellow
August 1989 - July 1991

The University of Texas
Health Science Center at Houston
School of Public Health

Ph.D.
Community Health Science
December 1983

The City University of New York
at Hunter College

M.A.
Psychology - June 1980

The City University of New York
at the College of Staten Island

B.A. - (Magna Cum Laude)
Psychology - January 1979

Academic Honors and Awards

New Jersey Health Foundation Excellence in Research Award, Academic Year 2014-2015

UMDNJ Student Government Association Teaching Excellence Award, March 2007

Nominated for the UMDNJ Student Government Association Teaching Excellence Award,
March 2006

Faculty/Administrative Positions at Rutgers University

8/17 – 7/18 Interim Chair, Department of Social and Behavioral Health Sciences,
School of Public Health, Rutgers, The State University of New Jersey

7/10 - 8/17 Associate Dean for Research, School of Public Health, Rutgers, The State
University of New Jersey

6/02 - Present Professor (Tenured), School of Public Health, Rutgers, The State
University of New Jersey

6/02 – 7/18 Director, Departmental Doctoral Programs (Ph.D. and Dr.PH), School of
Public Health, Rutgers, The State University of New Jersey

8/02 – Present Professor, Center of Alcohol Studies, Rutgers - The State University of
New Jersey

Professional Affiliations and License

Member, Association for Behavioral and Cognitive Therapies, 1994-2019

Member, Research Society on Alcoholism, 1991-Present

Licensed Professional Counselor, Texas State Board of Examiners of Professional
Counselors, License No. 06572

Editorial Board and Grant Review Committee Membership

Assistant Editor, *Addiction*, 2009-2019

Associate Editor, *Addiction*, 2019-Present

Consulting Editor, *Psychology of Addictive Behaviors*, 2002-2004, 2007-2015

Standing Committee Member, Clinical Treatment and Health Services Research (AA-3)
National Institute on Alcohol Abuse and Alcoholism (NIAAA) Scientific Review Group (SRG),
July 1, 2015 – June 30, 2019.

Teaching Responsibilities

Modifying Health Behaviors: Theory and Practice

Evaluation and Research Designs for Public Health Interventions

Dissertation Proposal Seminar

Health Behavior and Policy Research Designs

Alcohol Use, Society, and Health: A Public Health Perspective

Independent Research and Fieldwork Project Supervision

Select Peer Reviewed Publications

Clifford, Patrick R., Davis, Christine M., Maisto, Stephen A., and Stout, Robert L. (2024).
FRAMES elements associated with alcohol treatment research assessments and
related behavior change. *Journal of Studies on Alcohol and Drugs*, 85(2), 218-226,
DOI: <https://doi.org/10.15288/jsad.22-00372>.

Mantanona, Aleksandra., Khan, Joetta M., Jayne, Julianna M., Gallucci, Andrew R.,
Funderburk, LesLee K., Conkright, William R., Clifford, Patrick R., Sturdivant,
Rodney X., Forsse, Jeffrey S., and Heilesen, Jeffery L. (2023). Examining the
Relationship between Healthy Eating Score and ACFT Performance in Reserve
Officer Training Corps (ROTC) Cadets. *Journal of Exercise and Nutrition*, 6(1),
DOI: <https://doi.org/10.53520/jen2023.103147>.

Manne, Sharon L., Imanguli, Matin, Kashy, Deborah A., Pesanelle, Morgan, Frederick, Sara,
Van Cleave, Janet H., Paddick, Lisa E., Hudson, Shawna V., Steinberg, Michael B.,
Clifford, Patrick R., Domider, Mara, and Singh, Neetu (2023). Enhancing self-care
among oral cancer survivors: Protocol for the empowered survivor trial. *Journal of
Medical Internet Research*, vol. 12, <https://doi.org/10.2196/39996>

Grafova, Irina B., Clifford, Patrick R., Hudson, Shawna V., Steinberg, Michael B., O'Malley,
Denalee M., Elliot, Jennifer, Ilanos, Adana, A.M., Saraiya, Biren, and Duberstein,
Paul R. (2022). Disease and Debt: Findings from the 2019 Panel Study of Income
Dynamics in the United States. *Preventive Medicine*,
<https://doi.org/10.1016/j.ypmed.2022.107248>

Clifford, Patrick R., Davis, Christine M., Maisto, Stephen A., and Stout, Robert L. (2022).
Alcohol treatment research contributing to changes in substance use behavior and
related negative consequences. *Journal of Studies on Alcohol and Drugs* 83(3), 364-
373.

- Davis, Christine M., Clifford, Patrick R. and Maisto, Stephan A. (2020) Development of the Alcohol Use Discrepancy Instrument (AUDI): An Instrument for Measuring a Purported Mechanism of Behavior Change Underlying Self-Regulation Theory. Addictive Behaviors <https://doi.org/10.1016/j.addbeh.2020.106333>.
- Davis, Christine M. and Clifford, Patrick R. (2016) Ascertaining the relationship between the trajectories of specific categories of alcohol related negative consequences and subsequent drinking behavior. Psychology of Addictive Behaviors 30(6), 648-658.
- Clifford, Patrick R. and Davis, Christine M. (2012) Alcohol treatment research assessment exposure: A critical review of the literature. Psychology of Addictive Behaviors 26(4), 773-781.
- Maisto, Stephen A., Clifford, Patrick R. and Davis, Christine M. (2008) Factors mediating the association between drinking behavior in the first year post alcohol treatment and drinking at three years. Journal of Studies on Alcohol and Drugs 69(5), 728-737.
- Hagman, Brett T., Noel, Nora E. and Clifford, Patrick R. (2007) Social norms theory based interventions: Testing the feasibility of a purported mechanism of action and a related hypothesis. Journal of American College Health 56(3), 293-298.
- Baird, Janette, Longabaugh, Richard, Lee, Christine S., Nirenberg, Ted D., Woolard, Robert H., Mello, Michael, Becker, Bruce, Carty, Kathleen, Minugh, P. Allison, Stein, Lynda A.R., Clifford, Patrick R. and Gogineni, Aruna (2007) Treatment completion in a brief motivational intervention in the emergency department: The effect of multiple interventions and therapist's behavior. Alcoholism: Clinical and Experimental Research vol. 31, no. S3: 71S-75S.
- Clifford, Patrick R., Maisto, Stephen A. and Davis, Christine M. (2007) Alcohol treatment research assessment exposure subject reactivity effects: Part I – Alcohol use and related consequences. Journal of Studies on Alcohol and Drugs 68(4): 519-528.
- Maisto, Stephen A., Clifford, Patrick R. and Davis, Christine M. (2007) Alcohol treatment research assessment exposure subject reactivity effects: Part II – Treatment engagement and involvement. Journal of Studies on Alcohol and Drugs 68(4): 529-533.
- Maisto, Stephen A., Clifford, Patrick R., Stout, Robert L. and Davis, Christine M. (2007) Moderate drinking in the first year after treatment as a predictor of three-year outcomes. Journal of Studies on Alcohol and Drugs 68(3): 419-427.
- Maisto, Stephen A., Clifford, Patrick R., Stout, Robert L. and Davis, Christine M. (2006) Drinking during the year after treatment as a predictor of three-year outcomes. Journal of Studies on Alcohol 67(6): 823-832.
- Clifford, Patrick R., Maisto, Stephen A., Stout, Robert L., McKay, James R. and Tonigan, J. Scott (2006) Long-term post-treatment functioning among those treated for alcohol use disorders. Alcoholism: Clinical and Experimental Research 30(2): 311-319.

Maisto, Stephen A., Clifford, Patrick R., Longabaugh, Richard, and Beattie, Martha C. (2002) The relationship between abstinence for one year following pretreatment assessment and alcohol use and other functioning at two years in individuals presenting for alcohol treatment. Journal of Studies on Alcohol 63(4): 397-403.

Clifford, Patrick R. and Maisto, Stephen A. (2000) Subject reactivity effects and alcohol treatment outcome research. Journal of Studies on Alcohol 61(6): 787-793.

Recent Grant Funded Research

Manne, Sharon (Principal Investigator), Clifford, Patrick R. (Co-Investigator), Hudson, Shawna V., Paddock, Lisa E., Stroup, Antoinette M., Imanguli, Matin, Steinberg, Michael B., Raia, Nicole and Ohman-Strickland, Pamela A. Enhancing Self Care Among Oral Cancer Survivors: The Empowered Survivors Trial. National Cancer Institute (NCI), research grant (R01-CA240344) awarded in the amount of \$3,121,251, March 2020.

Clifford, Patrick R. (Principal Investigator), Davis, Christine M., Maisto, Stephen A. and Stout, Robert L. MOBC Underlying Treatment Research Assessment Reactivity. National Institute on Alcohol Abuse and Alcoholism (NIAAA), research grant (R01-AA023655) awarded in the amount of \$830,126, March 2016.

Clifford, Patrick R. (Principal Investigator), Maisto, Stephen A., Davis, Christine M. and Stout, Robert L. AUD Brief Interventions: Testing the Comparability Hypothesis and Purported MoBC. National Institute on Alcohol Abuse and Alcoholism (NIAAA), research grant (R01-AA022330) awarded in the amount of \$2,529,318, September 2014.

Select Presentations

Co-author, Treatment of alcohol & opioid use disorders – Complex relationships among alcohol use and military readiness. Military Health System Research Symposium (MHSRS), Kissimmee, FL, August 2020.

Co-author, Alcohol treatment research assessment reactivity and subsequent psychosocial functioning. Research Society on Alcoholism, New Orleans, LA, June 2020.

Presenter and Co-author, Behavior change underlying AUD treatment research assessment reactivity. Association for Behavioral and Cognitive Therapies. November 2018, Washington, DC.

Co-author, *Alcohol use disorder interventions: Comparability hypothesis and purported MoBC*. Association for Behavioral and Cognitive Therapies. November 2018, Washington, DC.

Presenter and Author, From Research to Practice: Difficulties of interpretation and application of clinical research findings. Rutgers Summer School of Addiction Studies, New Brunswick, New Jersey, July 2015.

Co-author, Ascertaining the relationships between specific categories of alcohol related negative consequences and subsequent drinking. Research Society on Alcoholism, Orlando, FL, June 2013.

Faculty Mentor and Presenter, Issues in selecting measurement tools in assessing eligibility, process and outcomes in social and behavioral intervention research. National Institutes of Health (NIH) Summer Institute on Social and Behavioral Intervention Research hosted by Columbia University, New York, NY, July 9 through July 13, 2012.