

ELISSA KOZLOV, Ph.D.

Assistant Professor, School of Public Health
Department of Health Behavior, Society and Policy
Concentration Director, Population Aging
Rutgers University, Biomedical and Health Sciences
Licensed Clinical Psychologist, NY, NJ, PSYPACT

Education

- 9/16 – 5/19 **T32 Post-Doctoral Fellow – Behavioral Geriatrics**
Weill Cornell Medical College
Division of Geriatrics and Palliative Medicine
Center for Research on End of Life Care
- 8/16 **Ph.D. in Psychology**
Washington University, St. Louis, MO (APA-accredited)
Areas of Concentration: Clinical, Aging and Development
Dissertation: “Developing and Validating the Palliative Care Knowledge Scale (PaCKS)”
- 9/15 – 8/16 **Clinical Psychology Pre-Doctoral Internship – Geropsychology Track**
Psychology Service, Veteran Affairs Palo Alto Health Care System
- 5/12 **Master of Science in Psychology**
Washington University, St. Louis, MO (APA-accredited)
- 5/08 **Bachelor of Arts**
Wesleyan University, Middletown, CT
Majors: Psychology (Honors), Theater
Thesis: “Aging While Incarcerated: A Qualitative Study of Geriatric Prisoners in America”

Academic Positions

- 09/17 – 05/19 **Instructor**
Weill Cornell Medical College
Division of Geriatrics and Palliative Medicine
- 05/19 – 06/22 **Instructor**
Rutgers Biomedical and Health Sciences
School of Public Health
Department of Health Behavior, Society and Policy
- 07/22 – present **Assistant Professor**
Rutgers Biomedical and Health Sciences
School of Public Health
Department of Health Behavior, Society and Policy
- 07/22 – present **Director**
Population Aging Concentration
School of Public Health
Department of Health Behavior, Society and Policy

Current Grant Support

- 005/2024-
05/2026 **National Institute of Mental Health, R34MH134693 PI: Kozlov**
Adapting Dialectical Behavioral Therapy for Persons Living with HIV/AIDS Using an Artificial Intelligence-Powered Conversational Agent
- 02/2024-
02/2025 **New Jersey Health Foundation, PI: Kozlov**

July 2024

Adapting Dialectical Behavioral Therapy for Suicide Prevention in Patients with Chronic Kidney Disease

09/2023-
08/2024

National Institute of Aging, R46MH133713-01, PI: Cain

Role: Co-I

Multimodal Assessment of Social Disconnection as a Proximal Risk for Suicide Ideation in Late Life

09/2021 –
09/2026

National Institute of Aging, Beeson K76AG068508-01A1

Role: PI

Piloting an mHealth mindfulness therapy with patients with serious illness and their caregivers to alleviate symptoms of anxiety.

01/2023 – 01/2028

National Institute on Aging, R01AG079555-01

Role: Co-I; Site PI

Decision trajectories of patients at the end of life: An epidemiological exploration of MAID and the impact on caregivers and clinicians.

Completed Grant Support

7/2019-6/2021

NJ ACT KL2, New Jersey Alliance for Clinical and Translational Science, Piloting an mHealth mindfulness therapy intervention to alleviate symptoms of stress for caregivers of older adults with cognitive impairment.

2016-2019

T32 Fellowship in Behavioral Geriatrics, National Institute on Aging, Weill Cornell Medicine

2014 - 2015

Dissertation Fellowship, Washington University
Developing the palliative care knowledge scale.

2014

Dissertation Grant, Washington University Psychology Department
Developing the palliative care knowledge scale.

2010 - 2012

Aging and Development Training Grant Fellowship, National Institute on Aging, Washington University in St. Louis

2007

Davenport Thesis Scholarship, Wesleyan University, *Aging While Incarcerated: A Qualitative Study of Growing Old in America's Prisons.*

Peer - Reviewed Publications

Sterling et al., Mental health and well-being among home health aides: a qualitative study. *JAMA Network Open*. 2024.

Shalev D, Robbins-Welty G, Ekwebelem M, et al. Mental Health Integration and Delivery in the Hospice and Palliative Medicine Setting: A National Survey of Clinicians [published online ahead of print, 2023 Oct 1]. *J Pain Symptom Manage*. 2023; S0885-3924(23)00713-3. doi:10.1016/j.jpainsymman.2023.09.025

McDarby, M., King, L., Russell, D., **Kozlov, E.**, & Luth, E. Knowledge gaps in end-of-life family caregiving for persons living with dementia: A study of hospice clinicians perspectives. *American Journal of Hospice and Palliative Medicine*. (In press).

Nowels, M., Kalra, S., Duberstein, P...Saraiya, B., George, L., & **Kozlov, E.** Palliative care interventions effects on psychological distress: A systematic review and meta-analysis. *J Pain Symptom Manage*. 2023. DOI: 10.1016/j.jpainsymman.2023.02.001

Cho, G., Toffey, B., Silva, A., Shalev, E...**Kozlov, E.**, Tsui, E., Dell, N., Avgar, A., Andrea, S., & Sterling, M. To care for them, we need to care for ourselves: A Qualitative study on the health of home health aides. *Health Services Research*. 2023.

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McDarby, M., Russel, D., King, L., **Kozlov, E.**, Luth, E. Challenges and strategies among family care partners of community-dwelling persons with dementia nearing end of life. *JAGS*. 2023.

Nguyen AM, Schaler-Haynes M, Chou J, Vowels M, Llaneza D, Kozlov E. Increasing Access to a Diverse Mental Health Workforce Through Emergency Reciprocity Licensure. Accepted at *Journal of Medical Regulation*.

Llaneza, DH., Llaneza, AJ., & **Kozlov, E.** Perceived benefits and barriers of mHealth mindfulness use for caregivers of older adults with cognitive impairment: a Qualitative exploration. *Clin Geron*. 2022. DOI: [10.1080/07317115.2022.2154728](https://doi.org/10.1080/07317115.2022.2154728)

McDarby, M., Russel, D., King, L., **Kozlov, E.**, Luth, E. Challenges and strategies among family care partners of community-dwelling persons with dementia nearing end of life. *JAGS*. 2022

Kozlov, E., Nowels, M., Gusmano, M., Habib, M., & Duberstein, P. Aggregating 23 years of data on medical aid in dying in the United States. *JAGS*. 2022

Tay, D., Thygessen, L., **Kozlov, E.**, & Ornstein, K. Serious mental illness exacerbation post-bereavement: A Population-based study of partners and adult children. *Clinical Epidemiology*. (In press)

George, L., Mtsoukas, K., McFarland, D., Bowers, J., Doherty, M., Suk Kwon, Y., Atkinson, T., **Kozlov, E.**, Saraiya, B., Prigerson, H., Breitbart, W. Interventions to improve prognostic understanding in advanced stages of life-limiting illness: a systematic review. *J Pain Symptom Manage*. 2022; 63 (2) PMID: 34508816; PMCID: PMC8816856; DOI: 10.1016/j.jpainsymman.2021.09.002

Nicholson, B., Flynn, L., Savage B., Zha, P., & **Kozlov, E.** Hospice referral in advanced cancer in New Jersey. *Journal of Hospice and Palliative Nursing*. (in press).

Nicholson, B., Flynn, L., Zha, P., Savage B., & **Kozlov, E.** Palliative care use in advanced cancer in the garden state. *Cancer Nursing*. (in press).

Kozlov, E., Llaneza, D., Trevino, K. Knowledge of Advance Care Planning for Older Adults with Cancer and their Caregivers. *Current Opinions in Palliative and Supportive Care* (in press).

Kozlov, E., McDarby, M., Llaneza, D., & Duberstein, P. The feasibility, acceptability and preliminary efficacy of an mHealth mindfulness therapy for caregivers of adults with cognitive impairment. *Aging Ment Health*. (In press). <https://doi.org/10.1080/13607863.2021.1963949>

Kozlov, E., McDarby, M., Prescott, M., & Altman, M. Assessing the Preferences and Predictors of Mental Health Treatment Modalities in a Technology-enabled Stepped Care Delivery System: Cross-sectional Study. *JMIR Form Res*. [published online ahead of print, 2021 Aug 1]. *JMIR Form Res*. 2021;10.2196/30162. doi:10.2196/30162. PMID: 34343965.

Kong, D., Lu, P., **Kozlov, E.**, Shelley, M. Food insecurity and mental health trajectories during the COVID-19 pandemic: Longitudinal evidence from the Understanding America Study. *Journals of Community Health* (In Press).

Navid, P...**Kozlov, E.**...& Goyal, P. Attitudes Towards Deprescribing Among Adults with Heart Failure with Preserved Ejection Fraction. *J Am Geriatr Soc*. 2021;69(7):1948-1955. doi:10.1111/jgs.17204. PMID: 33978239.

Kozlov, E., Bantum, E., Pagano, I., Walser, R., Ramsey, K., Taylor, K., Jaworski, B., & Owen, J. Assessing the reach, use, and impact of a free mHealth mindfulness app in the general population. *JMIR Ment Health*. 2020;7(11):e23377. doi: 10.2196/23377. PMID: 33245289; PMCID: PMC7732704.

Kozlov E, McDarby M, Duberstein P & Carpenter BD. The feasibility and acceptability of an intergenerational web-based intervention to enhance late-life family planning. *The Gerontologist*. 2020;gnaa137. doi:10.1093/geront/gnaa137. PMID: 32946554.

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McDarby, M., Llaneza, D, George, L, & **Kozlov E.** Mobile applications for advance care planning: A comprehensive review of features, quality, content and readability. *Am J Hosp Palliat Care.* 2021;38(8):983-994. doi:10.1177/1049909120959057. PMID: 32938207; PMCID: PMC7965780.

Kozlov E, Wynn, M., Reid C, Henderson, C., Dong, X., & Sirey, JA. Associations between unmet palliative care needs and cognitive impairment in a sample of diverse, community-based older adults. *Palliat Support Care.* 2021;19(1):41-45. doi:10.1017/S1478951520000395. PMID: 32583759; PMCID: PMC7759599.

Dong, X., Bergren, S., Wang, B., & **Kozlov, E.** The Associations between Social Support and Negative Social Interaction with Suicidal Ideation in US Chinese Older Adult. *Aging Ment Health.* 2021;25(1):94-98. doi: 10.1080/13607863.2019.1680953. PMID: 31650846.

Kozlov E, Dong X, Kelley A & Ankuda C. The epidemiology of depression in the last year of life. *J Am Geriatr Soc.* 2020;68(2):321-328. doi: 10.1111/jgs.16197. PMID: 31691265; PMCID: PMC7899291.

Shen, M., Gonzales, C., Leach, B., Maciejewski, P., **Kozlov, E.,** & Prigerson, H. An examination of Latino advanced cancer patients' and their informal caregivers' preferences for communication about advanced care planning: a qualitative study. *Palliat Support Care.* 2020;18(3):277-284. doi: 10.1017/S1478951519000890. PMID: 31699175; PMCID: PMC7205556.

Kozlov, E., Phongatel, V.... Reid, MC. Prevalence, severity, and correlates of symptoms of anxiety and depression at the very end of life. *J Pain Symp Mgmt.* 2019;58(1):80-85. doi: 10.1016/j.jpainsymman.2019.04.012. PMID: 31004771; PMCID: PMC6726373.

Chamberlin, P., Lambden, J., **Kozlov, E...**Prigerson, H. Clinicians' perceptions of futile or potentially inappropriate care and associations with avoidant behaviors. *J Palliat Med.* 2019 Sep;22(9):1039-1045. doi: 10.1089/jpm.2018.0385. PMID: 30874470; PMCID: PMC6735323.

Lambden, J., Chamberlin, P., **Kozlov, E...**Prigerson, H. Association of clinician burnout with perceived provision of futile or potentially inappropriate care. *Am J Hosp Palliat Med.* 2018. DOI: 10.1177/1049909118792517.

Kozlov, E, Cai, A, Sirey, JA, Ghesquiere, A, & Reid, MC. Identifying palliative care needs among older adults in a non-clinical setting. *Am J Hosp Palliat Med.* 2018;35(12):1477-1482. doi: 10.1177/1049909118777235. Epub 2018 May 23. PMID: 29792039; PMCID: PMC6295198.

Niknejad, B, Boiler, R, Henderson C, Delgado D, **Kozlov E,** Loeckenhoff C, & Reid MC. The efficacy of psychological interventions for chronic pain in older adults: A Systematic review and meta-analysis. *JAMA Intern Med.* 2018;178(6):830-839. doi: 10.1001/jamainternmed.2018.0756. PMID: 29801109; PMCID: PMC6145761.

Kozlov E, Eghan C, Moran S, Herr K, Reid MC. Palliative care providers' practices surrounding psychological distress screening and treatment: A national survey. *Am J Hosp Palliat Care.* 2017;35(7): 938-944. doi: 10.1177/1049909117743960. PMID: 29212346; PMCID: PMC5786500.

Gesquire, A., Gardner, D., McAfee, C...**Kozlov, E.,** Sirey, J., & Reid, MC. The development of a community-based palliative care screening tool for older adults with chronic illness. *Am J Hosp Palliat Care.* 2018;35(7): 929-937. doi: 10.1177/1049909117749467. PMID: 29298494; PMCID: PMC5980690.

Kozlov E, Niknejad B, Reid C. Palliative Care Gaps in Providing Psychological Treatment: A Review of the Current State of Research in Multidisciplinary Palliative Care. *Am J Hosp Palliat Care.* 2018;35(3):505-510. doi: 10.1177/1049909117723860. PMID: 28783958; PMCID: PMC5873550.

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Kozlov E, McDarby M, Reid MC, Carpenter BD. Knowledge of palliative care among community-dwelling adults. *Am J Hosp Palliat Care*. 2017;35(4):647-651. doi: 10.1177/1049909117725725. PMID: 28819986; PMCID: PMC5842670.

Kozlov E, Reid MC, Carpenter BD. Improving patient knowledge of palliative care: A randomized controlled intervention study. *Patient Educ Couns*. 2017;15(5):524-534. doi: 10.1016/j.pec.2016.12.022. PMID: 28034612; PMCID: PMC5879772.

Shalev A, Phongtankuel V, **Kozlov E**, Shen MJ, Adelman RD, Reid MC. Awareness and misperceptions of hospice and palliative care: A population-based survey study. *Am J Hosp Palliat Care*. 2018;35(3):431-439. doi: 10.1177/1049909117715215. PMID: 28631493; PMCID: PMC5866727.

Kozlov E, Ph D, Carpenter BD, Rodebaugh TL, Ph D. Development and validation of the Palliative Care Knowledge Scale (PaCKS). *Palliat Support Care* 2017;15(5):524-534. doi: 10.1017/S1478951516000997. PMID: 28025952.

Spalding R, **Kozlov E**, Carpenter BD. Words matter: Diction in electronic communication influences palliative care consultation implementation. *Int J Aging Hum Dev*. 2017;85(1):123-130. doi: 10.1177/0091415016685328. PMID: 28466684.

Kozlov E, Carpenter BD. "What is Palliative Care?": Variability in content of palliative care informational web pages. *Am J Hosp Palliat Care*. 2017;34(3):241-247. doi: 10.1177/1049909115615566. Epub 2016 Jul 11. PMID: 26543062.

Kozlov E, Carpenter BD, Thorsten M, Heiland M, Agarwal A. Timing of palliative care consultations and recommendations: Understanding the variability. *Am J Hosp Palliat Care*. 2015;32(7):772-775. doi: 10.1177/1049909114543322. PMID: 25024458.

Kozlov E, Carpenter BD, Thorsten M, Heiland M, Agarwal A. Palliative care consultation trajectories. *Am J Hosp Palliat Care*. 2014;31(4):459-463. doi: 10.1177/1049909113491455. PMID: 23757162.

Commentaries/Editorials

Kozlov E, English, D., Smith, J., Perez-Figueroa, R. & Duberstein, P. Suicide prevention initiatives for persons living with HIV/AIDS are long overdue. *Annals of LGBTQ Public and Population Health*. 2023

Duberstein, PR & **Kozlov E**. Reimagining research on personality, stress and cognition in depressed older adults: reflections on Steffens et al., *Am J Ger Psych*. 2022. <https://doi.org/10.1016/j.jagp.2022.11.007>

Kozlov E, & Reid, MC. Developing mHealth applications for older adults with pain: Seek out the stakeholders! *Pain Med*. 2018;19(6):1107-1108. doi: 10.1093/pm/pny070. PMID: 29767768; PMCID: PMC6454793.

Sirey, J., & **Kozlov E**. Getting by with a little help from our peers. *Am J Geriatr Psychiat*. 2021;29(8):758-760. doi: 10.1016/j.jagp.2020.08.011. PMID: 32933818; PMCID: PMC7445488.

Book Chapters

Cukor, D, & **Kozlov E**. Systematic Psychosocial and Spiritual Needs Assessment and Management. In: Moss, D, Lupu, D, Armistead, N, and Diamond, L. eds. *Palliative care in nephrology*. Oxford University Press, 2021

McDarby, M., Trevino, K., & **Kozlov E**. Cognitive Behavioral Therapy in Palliative Care. In: Chochinov, H & Breitbart, W. eds. Third Edition of the Handbook of Psychiatry in Palliative Medicine. Oxford University Press, (In Press).

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Clinical Experience

- 01/18 - present **Private Practice**
Provide individual, video-based psychotherapy to adults with anxiety, depression, caregiver-burden, and difficulty adjusting to various life stressors.
- 08/15 – 09/16 **Clinical Geropsychology Internship** (APA-accredited)
Veterans Affairs Palo Alto Health Care System
Clinical Rotations: Hospice and Palliative Care, Home-Based Primary Care, Men's Inpatient PTSD, Acute Inpatient Psychiatry, Family Therapy.
- 09/11 – 08/15 **Clinical Practicum Trainee**
Washington University Psychological Services Center, St. Louis, MO
Provided outpatient psychotherapy and assessment for individuals.
- 09/11 – 08/15 **Neuropsychology Assistant**
Washington University Psychological Services Center, St. Louis, MO
Provided neuropsychological assessment for adolescents and adults.
- 09/13 – 08/14 **Clinical Practicum Trainee**
St. Louis Veterans Affairs, Community Living Center
Provided inpatient psychotherapy and assessment of cognitive status.
- 09/13-12/13 **Clinical Practicum Trainee**
Washington University Sleep Center, St. Louis, MO
Provided outpatient psychotherapy, behavioral management strategies, CPAP desensitization, relaxation training and CBT-I.
- 12/13-12/14 **Clinical Practicum Trainee**
Siteman Cancer Center, St. Louis, MO
Provided inpatient and outpatient therapy for individuals with cancer and their families. Co-facilitated a weekly CBT for Stress Management group.
- 09/12-08/13 **Clinical Practicum Trainee**
St. Louis Veterans Affairs, Palliative Care Consultation Team
Provided inpatient and outpatient psychotherapy. Co-facilitated a Mindfulness Based Meditation group for outpatients.

Selected Professional Presentations

- Kozlov, E** (April 2024). AI in Clinical Geriatrics. American Geriatrics Society Annual Meeting. Virtual.
- Kozlov, E.** (Dec. 2023). mHealth for Caregiver Mental Health. Technology in Psychiatry. Tampa, FL.
- Kozlov, E.** (August 2023). Overview of mental health in palliative care. Invited Speaker. American Psychological Association Annual Meeting. Washington DC.
- Kozlov, E.** (Dec. 2022). mHealth psychotherapy studies with older adults. NJ ACTS Special Populations Core Seminar Series. Virtual.
- Nowels, M. & **Kozlov, E.** (Nov. 2022). Challenges associated with and lessons learned from aggregating Medical Aid in Dying data in the United States. Gerontological Society of America Annual Meeting. Indianapolis, IN.
- Kozlov, E.** (Nov. 2022). Depression in care transitions. Complete Care Annual Conference. Holmdel, NJ.
- Kozlov, E.** (December, 2021). *Mhealth mindfulness for caregivers of older adults with cognitive*

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impairment. Invited speaker. Veterans Affairs Practice-Based Implementation Network CE Lecture Series. Virtual

Llaneza, D., Llaneza, A., Duberstein, P., and **Kozlov, E.** (2021, November) *A Qualitative study of caregivers of older adults with MCI or dementia's experiences with an mHealth Mindfulness Intervention*. Gerontological Society of America Annual Meeting. Virtual

Kozlov, E. (2021, November). *Preliminary efficacy of an mhealth mindfulness intervention with caregivers of older adults with MCI or dementia*. Paper Session Chair: Technology Use and Applications. Gerontological Society of America Annual Meeting. Virtual.

Kozlov, E., Llaneza, D. (2021, September). *The feasibility, acceptability and preliminary efficacy of mHealth mindfulness therapy for caregivers of adults with cognitive impairment*. NJ Acts Translational Medicine and Science Symposium.

Kozlov, E. (2021, April). *Adapting psychotherapy and assessments for older adults*. Invited speaker at Mind Strong.

Kozlov, E., Llaneza, D., & Dong, X. (2020, November) *MHealth mindfulness therapy for caregivers of older adults with memory impairment*. Gerontological Society of America Annual Meeting. Virtual.

Kozlov, E. (2020, January). *Age-related changes to sleep*. Invited speaker to Princeton Senior Living Center.

Kozlov, E. (2019, June). *Age-related sleep changes – what's normal and what's not*. Invited speaker at the Overlook Medical Center's Geriatric Symposium.

Kozlov, E., & Reid, MC. (2018, November). *Barriers and facilitators to providing mental health care within palliative care*. Gerontological Society of America Annual Meeting. Boston, MA.

Kozlov, E. & Carpenter, BC. (2017, July). *Piloting a web-based intervention to improve knowledge of palliative care*. International Association of Gerontology and Geriatrics World Congress, San Francisco, CA.

Garrido, M., Ornstein, K., **Kozlov, E.**, Bau, Y., & Prigerson, H. (2017, June). *Evidence of clinical uncertainty? Geographic variation in Benzodiazepine and Antipsychotic prescriptions to patients with limited life expectancy*. Annual Research Meeting of Academy Health, New Orleans, LA.

Kozlov, E. (April, 2017). *Mental healthcare within palliative care: State of the research and future directions*. Guest speaker at Bronfenbrenner Center for Translational Research, Cornell University, Ithaca, NY.

Kozlov, E. (May, 2017). *Mental healthcare within palliative care: State of the research and future directions*. Guest speaker at the Visiting Nurse Service of New York, NY, NY

Kozlov, E & Carpenter, BC. (2016, November). *An Internet-Based, Multigenerational Intervention to Enhance Knowledge about Care Preferences*. Symposium presented at the Gerontological Association of America Annual Scientific Meeting, New Orleans, LA.

Kozlov, E. (2016, August). *What is palliative care? An analysis of online information pages about palliative care*. Symposium organizer and speaker at the American Psychological Association annual meeting in Denver, CO

Kozlov, E. (2015, November). *Could should would: Words matter in palliative care consultation recommendations*. Poster presented at the Gerontological Association of America Annual Scientific Meeting, Orlando, FL.

Kozlov, E. (2014, November). *Variability in content and ecological validity of online palliative care information sheets*. Poster presented at the Gerontological Association of America Annual Scientific Meeting, Washington DC.

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Kozlov, E. & Carpenter, B. (2014, August). *Late life family concordance on the McMaster Family Assessment Device*. Poster presented at the American Psychological Association Annual Meeting, Washington DC.

Kozlov, E. (2013, October). *Preparing families for late life decision-making using a web-based intervention*. Discussant at Grantmakers in Aging Annual Meeting, Kansas City, MO.

Kozlov, E. (2013, November). *Charting the trajectory of palliative care recommendations*. Symposium speaker at the Gerontological Society of America Annual Scientific Meeting, New Orleans, LA.

Awards

2017	Student Research Paper Award , Society of Clinical Geropsychology
2013	Invited Fellow & Travel Awardee , Grantmakers in Aging
2013	Association of Women Faculty Graduate Student Award (Nominee) , Washington University
2008	Community Service and Outreach Award , Wesleyan University

Society Memberships

2010 - Present	American Psychological Association Division 12 Section 2 (Clinical Geropsychology) , Student Rep (2013-2015), Newsletter Editor (2016-2019)
2020-present	American Academy of Hospice and Palliative Medicine , Member
2010 – Present	American Psychological Association , Member
2010 – Present	Gerontological Society of America (GSA) , Member
2012 – Present	Hospice and Palliative Care Interest Group, GSA , Member
2018-present	Palliative Care Research Cooperative (PCRC) , Member
2019-present	Palliative Care Research Cooperative mHealth Special Interest Group , Member
2020-present	NJ Acts Society of Scholars , Member

Professional Activities

2024 - 2026	Advanced Research Institute, NIMH , Scholar
2024-2025	Beeson Planning Committee, AFAR , Member
Feb 2024	Beeson K76 Grant Review, NIA , Reviewer
2023-2024	UCSF Tideswell Emerging Leaders in Aging , Fellow
2022-present	Complete Care , Conference Planning Committee
Fall 2021	Rutgers OASIS Women in Leadership , participant
October 2021	Family Caregiving for Patients with Dementia Consensus Conference , invited participant. <i>Weill Cornell Medicine Department of Geriatrics and Palliative Care</i> .
2018 - 2022	Palliative Care and Geriatrics Early Researchers NYC , co-Founder Developed the first ever interdisciplinary early career researchers in palliative care and geriatrics collaborative in NYC. Researchers across Mt. Sinai, Weill Cornell, NYU and Memorial Sloane Kettering

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meet bi-monthly for works in progress seminars, special speakers, writing groups, networking and peer-mentorship.

2018 - 2019

Research Career Institute in the Mental Health of Aging (NIMH-funded), Participant

2017 - present

Licensed Clinical Psychologist in New York State

Fall 2017

Palliative Care Nursing, 5th Edition, Contributor

2017 - present

Pain Medicine, Reviewer

July 2017

Rand Summer Institute.

Invited and given scholarship to attend summer workshop.

May 2017

Technology and Pain in Later Life Workshop, Weill Cornell Medicine, Workshop Facilitator

Facilitated interdisciplinary discussion regarding research and industry priorities in developing technologies to help older adults with chronic pain.

October 2017

Anxiety and Cancer in Late Life Workshop, Weill Cornell Medical College, Workshop Facilitator

Facilitated interdisciplinary discussion regarding research priorities in anxiety for older adults with cancer.

2014-2015

YMCA Leadership Symposium, Washington University, St. Louis, MO
Mentored YMCA executives to write a research-based white-paper.

Editorial Activities

2021-present

The Journal of Applied Gerontology, Reviewer

2021-present

Journal of Personality Assessment, Reviewer

2021-present

Journal of Medical Internet Research, Reviewer

2020-present

The Gerontologist, Reviewer

2018 - present

Journal of Palliative Medicine, Reviewer

2018 - present

Journal of Geriatric Psychiatry, Reviewer

2017 - present

Pain Medicine, Reviewer

Teaching

Spring 2021,
2022, 2023,
2024

HBSP0603JWEB: Mental Health and Aging, Instructor
Department of Health Behavior, Society and Policy, Rutgers School of Public Health, Piscataway, NJ.

Spring 2018

HPEC 5003: Health Data for Research, Guest Lecturer
Department of Health Policy, Weill Cornell Medical College, NY, NY

Spring 2018

Geriatric Residency Didactics, Psychosocial Curriculum Instructor
Department of Medicine, Weill Cornell Medical College, NY, NY

Summer 2017

Summer Lecture Series for Research Interns, Guest Lecturer
Department of Medicine, Weill Cornell Medical College, NY, NY

Summer 2014

Psychology 354: Abnormal Psychology, Instructor
Department of Psychology, Washington University, St. Louis, MO

Spring 2014

Psychology 513: Assessment II, Teaching Assistant
Department of Psychology, Washington University, St. Louis, MO

Fall 2013

Psychology 356: Forensic Psychology, Teaching Assistant
Department of Psychology, Washington University, St. Louis, MO

Spring 2008

Psychology 200: Statistics for Psychology, Teaching Assistant

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Department of Psychology, Wesleyan University

Spring 2006

Biology 116: Aging and the Elderly, Teaching Assistant
Department of Biology, Wesleyan University

Mentorship

2019-present

Longevity and Public Health Lab, Co Director and mentor to MPH and PhD students, Department of Health, Behavior, Society and Policy Rutgers School of Public Health.

2016-present

Washington University in St. Louis, co-mentor to PhD in Clinical Psychology student Meghan McDarby.

2016 - 2017

Geriatrics and Palliative Medicine, Mentor for medical students Department of Medicine, Weill Cornell Medical College, NY, NY

2014 - 2015

Psychological Services Center, Peer Mentor
Department of Psychology, Washington University, St. Louis, MO

Service

University of Texas Counseling Program Dissertation Committee, Danielle Llanaez, co-mentor

Rutgers Taskforce on Aging, member

Rutgers Practice Based Research Network Steering Committee, member

Rutgers School of Public Health Population Aging Concentration Steering Committee, member

Rutgers School of Public Health Academic Progressions Committee, member

Rutgers School of Public Health Dental Public Health Residency Committee, member

Rutgers Health Aging Steering Committee, member

Rutgers Careers in Aging Week Committee, member and speaker

School of Nursing Dissertation Committee, Bridget Nicholson, member

NJ ACTS, grant reviewer