

CURRICULUM VITAE

DATE: August 2024

NAME: Mara Getz Sheftel

PRESENT TITLE: Instructor

TELEPHONE NUMBER/E-MAIL ADDRESS: mara.sheftel@rutgers.edu

CITIZENSHIP: United States of America

EDUCATION:

- A. Undergraduate Graduate and Professional
Northwestern University
Evanstown, IL
Bachelor of Arts (International Studies) 2003

- B. Graduate and Professional
The Graduate Center, City University of New York
New York, NY
Doctor of Philosophy (Sociology) 2021

- Brooklyn College
New York, NY
Master of Arts (Sociology) 2019

- Hebrew University of Jerusalem
Jerusalem, Israel
Master of Arts (Public Policy) 2011

POSTGRADUATE TRAINING:

- A. Internship and Residencies
N/A

- B. Research Fellowships
Visiting Research Collaborator
Office of Population Research, Princeton University
Social Disparities in Physical Functioning by Race, Ethnicity & Immigration Status
2022-2024

- CUNY Dissertation Fellowship, 2019-2020.

- CUNY Writing Across the Curriculum (WAC) Fellow, 2018-2019.

- CUNY Graduate Center Fellowship, 2014-2018.

- YAI Network Fellowship for Latino disability research, 2017.

- Advanced Research Collaborative Praxis Fellowship, 2016.

- Summer Research Grant with PI Richard Alba, 2015.

- C. Postdoctoral Appointments
Population Research Institute, The Pennsylvania State University Discipline
Cross-National Demography of Family Structure, Aging, and Health
Sociology
2021 - 2024

MILITARY:

ACADEMIC APPOINTMENTS:

Department of Sociology
Brooklyn College, CUNY
Instructor
2017

Department of Sociology
Brooklyn College, CUNY
Teaching Assistant
2016

Department of Sociology
Graduate Center, CUNY
Teaching Assistant
2015 - 2016

HOSPITAL APPOINTMENTS: N/A

OTHER EMPLOYMENT OR MAJOR VISITING APPOINTMENTS: N/A

PRIVATE PRACTICE): N/A

LICENSURE: N/A

DRUG LICENSURE: N/A

CERTIFICATION: N/A

MEMBERSHIPS, OFFICES AND COMMITTEE ASSIGNMENTS IN PROFESSIONAL SOCIETIES:

American Sociological Association, Member

Population Association of America, Member

Gerontological Society of America, Member

Eastern Sociological Society, Member

Midwest Sociological Society, Member

Network on Life Course Health Dynamics and Disparities in 21st Century America (NLCHDD)
PIs Jennifer Ailshire, Sarah Burgard, Robert Hummer, Jennifer Karas Montez
National Institute on Aging Grant R24AG045061

Network on Education, Biosocial Pathways, and Dementia in Diverse Populations (EdDem)
PIs Sanjay Asthana, Pam Herd, Katrina Walesman
National Institute on Aging Grant R24AG077433

Network for Innovative Methods in Longitudinal Aging Studies (NIMLAS)
PIs Brady T. West, Sunghee Lee, Esther M. Friedman
National Institute on Aging Grant R24AG077012

Collaborative for Innovation in Data and Measurement in Aging (CIDMA)
PIs Kathleen Cagney, Joe Hotz, David Meltzer
National Institute on Aging Grants P30AG066619 and P30AG034424

HONORS AND AWARDS:

BOARDS OF DIRECTORS/TRUSTEES POSITIONS: N/A

SERVICE ON NATIONAL GRANT REVIEW PANELS, STUDY SECTIONS, COMMITTEES:

SERVICE ON MAJOR COMMITTEES:

A. International (*Name, Inclusive Dates*)

B. National (*Name, Inclusive Dates*)

American Sociological Association (ASA) Section on Aging and the Life Course (SALC) Student Paper Award Committee, 2022

C. Medical School/University (*Name, Inclusive Dates*)

Migration and Diversity Initiative Working Group, Population Research Institute, Penn State Conference Planning Committee: 100 Years since the Johnson-Reed Act – Immigration Then & Now

D. Hospital (*Name, Inclusive Dates*)

E. Department (*Name, Inclusive Dates*)

Committee Member, CUNY Graduate Center Sociology Department
Dissertation Support, 2018-2019
Faculty Membership Committee, 2016-2018

Advanced Research Collaborative, CUNY Graduate Center
Award Committee Member for Distinguished Faculty Fellowship Awards, 2017

F. Editorial Boards (*Journal Name, Inclusive Dates*)

G. *AdHoc* Reviewer (*Journal Name, Inclusive Dates*)

Demography 2023-present
Ethnicity and Health 2019-present
Health Affairs 2022-present
Journal of Aging and Health 2023--present
Journal of Gerontology: Social Sciences 2020-present
Research on Aging 2024-present
Social Problems 2019-present
Sociology of Race and Ethnicity 2021-present
Social Science & Medicine 2021-present

SERVICE ON GRADUATE SCHOOL COMMITTEES: N/A

SERVICE ON HOSPITAL COMMITTEES: N/A

SERVICE TO THE COMMUNITY:

1. Community organizer, Gowanus Brooklyn Mutual Aid, 2023-present.
2. US Sponsor for refugee family, 2017-present.
3. Community organizer, Refugees in Jerusalem, 2007-2013.
4. Educator/Mentor and Program Administrator, Dorot Fellowship, 2005-2013.

SPONSORSHIP (Primary Mentorship) OF CANDIDATES FOR POSTGRADUATE DEGREE:

SPONSORSHIP (Primary Mentorship) OF POSTDOCTORAL FELLOWS:

TEACHING RESPONSIBILITIES: (Teaching effectiveness should be addressed in nominating letter)

A. Lectures or Course Directorships

Brooklyn College, Brooklyn, NY
Sociological Statistics, 2017
Applied Research Methods, 2017
Introduction to Sociology, 2017

B. Research Training (other than Primary Mentorship)

CLINICAL RESPONSIBILITIES: N/A

GRANT SUPPORT:

A. Principal Investigator

N/A

B. Co-Investigator

1. NIH, Legal Status Exposure, Health, and Kinship Networks among Latino Immigrants, 2024 – 2027, \$1,345,542, R01AG081306.
2. New York Social Security Research Consortium, Accelerated Aging and Retirement Due to Covid, \$143,000.
3. NIA, Network on Life Course Health Dynamics and Disparities in 21st Century America, \$50,000.

C. Pending

N/A

PUBLICATIONS:

A. Refereed Original Article in Journal

1. Park, Sung S., Anne R. Pebley, Noreen Goldman, Borianna Pratt, and **Mara Getz Sheftel**. Forthcoming. “Racial/Ethnic Disparities in Functional Limitations among Older Adults: Examining the Role of Physically Demanding Work.” *Demography*.
2. Margolis, Rachel, **Mara Getz Sheftel**, Haowei Wang, Raeven Chandler, Lauren Newmyer, and Ashton Verdery. Forthcoming. “Older Adults’ Descendants and Family Networks in the Context of Global Educational Expansion.” *Population Development Review*.
3. **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Borianna Pratt, and Sung S. Park. 2024. “Unequal exposure to occupational stress across the life course: The intersection of race/ethnicity and gender.” *Socius* 10, 1-12.
4. **Sheftel, Mara Getz**, Rachel Margolis, and Ashton Verdery. 2024. “Loneliness Trajectories and Chronic Loneliness Around the World.” *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 79(8), 1-6.
5. **Sheftel, Mara Getz**. 2024. “Return Migration and Disability by Life Course Stage of Return: Evidence Against the Salmon Bias.” *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 79(3), 1-11.
6. **Sheftel, Mara Getz** and Heiland, Frank W. 2024. “The role of place of birth and

residence in health disparities: Evidence from disability prevalence among Island- vs. mainland-born Puerto Ricans.” *The Journal of Aging and Health* 36(1-2), 67-84.

7. **Sheftel, Mara Getz**, Margolis, Rachel and Verdery, Ashton. 2024. “Life Events and Loneliness Transitions Among Middle-Aged and Older Adults Around the World.” *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 79(1), 1-10.
8. **Sheftel, Mara Getz**. 2023. “Immigrant wealth stratification and return migration: The case of Mexican immigrants in the US during the 20th Century.” *Demography*, 60(3), 809-835.
9. **Sheftel, Mara Getz**, Rachel Margolis and Ashton M. Verdery. 2023. “Health across borders: A crossnational comparison of immigrant health in Europe.” *Population Research and Policy Review*, 42(30).
10. **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. 2023. “Cognitive health disparities by race, ethnicity and nativity: The role of occupational complexity.” *Work, Aging, and Retirement*.
11. Wu, Huijing, Margolis, Rachel, **Sheftel, Mara Getz**, and Verdery, Ashton M. 2023. “The Care Gap in Later Life Across European Countries.” *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*.
12. **Sheftel, Mara Getz** and Heiland, Frank W.. 2018. “Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?” *Demographic Research* 39, 209-250.
13. **Sheftel, Mara Getz**. 2017. “Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey.” *Population Review* 56(1), 1-30.

B. Books, Monographs and Chapters

1. Lonobile, Cheyenne and **Mara Getz Sheftel**. Forthcoming. “Impact of Immigration Policy on Immigrant Families: Current Research and Future Directions.” In Jennifer Van Hook (Ed.), *Immigration Policy and Immigrant Families: National Symposium on Family Issues Series*.
2. Verdery, Ashton M. and **Sheftel, Mara Getz**. Forthcoming. “In the quest for veracity all validities are important: A demonstration of the importance of sampling for assessing the association between loneliness and cognitive function.” In Doug Teti, H. Harrington Cleveland III, and Kelly Rullison (Eds.), *Handbook of Research Methods in Developmental Science, 2nd Edition*.
3. García, Catherine, Garcia, Marc A., **Sheftel, Mara Getz**, and Adorno, De’Lisia S. 2023. “Heritage, Birthplace, Age at Migration, and Education as Life Course Mechanisms Influencing Cognitive Aging among Latinos.” In Angel, Jacqueline L., Andrade, Flavia, Riosemena, Fernando, and Mejia-Arango, Silvia (Eds.), *Older Mexicans and Latinos in the United States: Where Worlds Meet*. Springer.
4. Reed, Holly, **Sheftel, Mara Getz** and Behazin, Arash. 2018. “Forced Migration and Patterns of Mortality and Morbidity.” In Jalal Abbasi-Shavazi and Ellen Percy Kraly (Eds.), *Demography of Forced Migration and Refugees*. Paris: International Union for

the Scientific Study of Population.

- C. Patents Held
- D. Other Articles (Reviews, Editorials, etc.) In Journals; Chapters; Books; other Professional Communications
 - 1. Garcia, Marc A., **Sheftel, Mara Getz**, Reyes, Adriana M., and García, Catherine. 2022. "Sociocultural and Demographic Drivers of Latino Population Health in New York State." *Lerner Center for Public Health Promotion & Population Health Research Brief*, 76.
 - 2. **Sheftel, Mara Getz**. 2022. Review of "Time and Migration: How Long-Term Taiwanese Migrants Negotiate Later Life." *Social Forces*.
 - 3. Park, Sung S., Pratt, Boriana, Pebley, Anne R, Goldman, Noreen, **Sheftel, Mara Getz**, Andrasfay, Theresa, and Lee, Keunbok. 2022. "Constructing a Work History Dataset of Jobs Held During Early and Middle Adulthood Using the Health and Retirement Study." *UCLA California Center for Population Research eScholarship*.
 - 4. **Sheftel, Mara Getz** and Heiland, Frank W. 2018. "Disability prevalence among Hispanic immigrants in the US. *N-IUSSP[Internet]*." 22 October 2018.
- E. Abstracts
- F. Reports

PRESENTATIONS:

- A. Scientific (*Basic Science*):
 - 1. **Sheftel, Mara Getz**. "Life Course Transitions and Older Immigrant Loneliness Trajectories: The Intersection of Gender, Race/Ethnicity and Nativity." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
 - 2. **Sheftel, Mara Getz**, Pebley, Anne R., Goldman, Noreen, Pratt, Boriana, Park, Sung S. "Exposure to occupational strain across the life course and cognitive disparities by gender and race/ethnicity." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
 - 3. **Sheftel, Mara Getz**, Santos, Alexis, Verdery, Ashton. "Local Typologies of Aging in the United States and Population Health." Poster. Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
 - 4. Park, Sung S., Pebley, Anne R., Goldman, Noreen, **Sheftel, Mara Getz**, Pratt, Boriana. "Assessing Work Temporality Measures Among the US Latino Population by Nativity and Citizenship." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
 - 5. **Sheftel, Mara Getz**, Pebley, Anne R. Goldman, Noreen, Pratt, Boriana, Park, Sung S. "Racial/Ethnic Cognitive Health Disparities: The Role of Occupational Complexity and Occupational Status." Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12. 2023.
 - 6. Matos-Moreno, Amilcar, Santos-Lozada, Alexis, **Sheftel, Mara Getz** Verdery, Ashton. "Migration as a Pathway to Kinlessness Among Older Adults Left Behind." Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12. 2023.

7. **Sheftel, Mara Getz**, Margolis, Rachel, Verdery, Ashton. "Life Events, Loneliness Trajectories, and Loneliness Transitions Among Middle-Aged and Older Adults Around the World." Population Association of America (PAA) Annual Meeting, New Orleans, LA. April 12-15. 2023.
8. **Sheftel, Mara Getz**, Margolis, Rachel, Verdery, Ashton. "Health across borders: A crossnational comparison of immigrant health in Europe." Gerontological Society of America (GSA) Annual Meeting, Indianapolis, IN. November 2-6. (Poster). 2022.
9. **Sheftel, Mara Getz**. "Collaborative for Innovation in Data & Measurement in Aging (CIDMA)." University of Chicago, Center on Healthy Aging Behaviors and Longitudinal Investigations. 2022.
10. **Sheftel, Mara Getz**, Margolis, Rachel, Verdery, Ashton. "Health across borders: A crossnational comparison of immigrant health in Europe." American Sociological Association (ASA) Annual Meeting, Los Angeles, CA. August 5-9. 2022.
11. **Sheftel, Mara Getz**, Pebley, Anne R., Goldman, Noreen, Pratt, Boriana, Park, Sung S. "Cognitive, mental, and social health disparities by race, ethnicity and nativity: The role of occupational complexity." Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9. 2022.
12. **Sheftel, Mara Getz** and Heiland, Frank W. "The role of country of birth and residence in health disparities: Evidence from disability prevalence among island- vs. mainland-born Puerto Ricans" Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9. 2022.
13. **Sheftel, Mara Getz**. "Return migration as an asset maximization strategy in retirement." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14. 2021.
14. **Sheftel, Mara Getz**. "Disability and older age return: evidence against the salmon bias." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14. 2021.
15. **Sheftel, Mara Getz**. "Return migration as an asset maximization strategy in retirement." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10. 2021.
16. **Sheftel, Mara Getz**. "Disability and older age return: evidence against the salmon bias." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10. *Accepted but declined presentation due to ASA regulations re: single-authored papers.* 2021.
17. **Sheftel, Mara Getz**. "Return migration among older Mexican immigrants." American Sociological Association (ASA) Annual Meeting, New York, NY. August 10-13. 2019.
18. Heiland, Frank W., and **Sheftel, Mara Getz**. "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Population Association of America (PAA) Annual Meeting, Austin, TX. April, 11-13. 2019.
19. Heiland, Frank W., and **Sheftel, Mara Getz**. "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Midwest Sociological Society (MSS) Annual Meeting, Chicago, IL. April, 17-20. 2019.
20. **Sheftel, Mara Getz**, and Heiland, Frank. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" Population Association of America (PAA) Annual Meeting, Denver, CO. April 26-28. 2018.
21. **Sheftel, Mara Getz**. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." Population Association of America (PAA)

Annual Meeting, Chicago, IL. April 27-29. (Poster). 2017.

22. **Sheftel, Mara Getz.** and Heiland, Frank. "Crossing over: Reversal of the Mexican Immigrant Health Advantage at Old Age." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster). 2017.

B. Professional (*Clinical*):