



RUTGERS HEALTH  
School of Public Health

✉ admissions@sph.rutgers.edu

☎ 732-235-4646

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## MASTER OF PUBLIC HEALTH IN POPULATION MENTAL HEALTH (MPH)

### ABOUT

The Rutgers School of Public Health's Master of Public Health (MPH) in Population Mental Health degree prepares students to address the current challenges in mental health practice and reduce the societal burden of emotional distress, mental illness, substance abuse, alcohol use, and suicide.

Students will be able to identify biological, psychological, structural, socioeconomic, and sociocultural correlates of population mental health, as well as examine the relationship between stigma, mental health, and health inequity.

Graduates will be able to positively impact mental health policy and provide multifaceted interventions and practices to improve mental health and achieve health equity.

Graduates are eligible to sit for the Certified in Public Health Exam.

### PROGRAM FORMAT

The MPH in Population Mental Health degree is offered to students on a full-time or part-time basis. Students will complete a total of 45 credits, including a practicum experience and capstone research project.

If completing the program as a full-time student (nine or more credits per semester), the degree requirements may be completed in as little as two years (four to five semesters).

Part-time students taking at least six credits per semester may expect to finish within four years. Taking courses in the summer may help expedite part-time students' timing. Courses are available in-person, remote, and/or online.

Students are also required to register for and complete an Interprofessional Education activity prior to graduation.

### FAST FACTS



**Total Credits:** 45

**Format:** Full-time and part-time in-person; some online courses available

**Degree Options:** Dual degree and 15+ additional certificates

**Certified in Public Health Exam Eligibility:** Yes

#### Application Deadlines:

##### Fall Semester Start Date

January 15 (priority)

May 1 (regular)

##### Spring Semester Start Date

October 15 (priority)

December 1 (regular)

#### Apply Today:



[go.rutgers.edu/sph-apply](https://go.rutgers.edu/sph-apply)

## PROGRAM FORMAT, CONT.

Part-time students taking at least six credits per semester may expect to finish within four years. Taking courses in the summer may help expedite part-time students' timing. Courses are available in-person, remote, and/or online.

Students are also required to register for and complete an Interprofessional Education activity prior to graduation.

Dual-degree options are available in partnership with other Rutgers University schools. Students can earn a post-baccalaureate certificate alongside their degree with an additional 6-12 credits. Contact admissions for additional information at [admissions@sph.rutgers.edu](mailto:admissions@sph.rutgers.edu).

## APPLICATION REQUIREMENTS

### A complete application includes:

- Online application: visit [go.rutgers.edu/sph-apply](https://go.rutgers.edu/sph-apply)
- Official transcripts from all post-secondary institutions attended
- Statement of goals, one-to-three pages in length, which addresses:
  - Interest in the program
  - Preparedness for the program
  - Goals and aspirations
- Two letters of recommendation with at least one letter from an academic reference if you are currently enrolled in a degree program or have graduated within the last four years
- Resume or CV
- GRE General Exam (optional)
- TOEFL or IELTS score for applicants educated in a non-native English-speaking country

*Applications are accepted on a rolling, space-available basis following the regular deadline.*

## DID YOU KNOW?

The school has several research centers and works closely with Rutgers University institutes:

- Center for Public Health Workforce Development
- Center for Health, Identity, Behavior & Prevention Studies
- Center on Gun Violence Research
- Cancer Health Equity Center of Excellence
- Center for South Asian Quantitative Health & Education
- Institute for Nicotine & Tobacco Studies
- Environmental and Occupational Health Sciences Institute
- Institute for Health, Healthcare, Policy and Aging Research
- Rutgers Cancer Institute of New Jersey
- ...and more

## CURRICULUM

- Core Public Health Courses (18 credits)
- Practicum (3 credits)
- Concentration Courses (15 credits)
- Elective Courses (9 credits)
- Other Requirements

**Total: 45 credits**

## CAREERS

- Mental Health Researcher
- Behavioral Health Program Coordinator
- Advocacy Director
- Policy Analyst
- Journalist



## Ranked Among the Best in the Country

*The school is ranked among the top 25 Best Graduate Schools in Public Health by U.S. News & World Report.*

## \$88 million

*School primary faculty and students were directly awarded a historic \$88 million in federal grant/contract funding in 2023. These were prime awards made to Rutgers University.*

## Historic Endowment for LGBTQ+ Health

*A \$3 million gift from James F. Dougherty, will fund the Perry N. Halkitis Endowed Chair in LGBTQ+ Public Health at the school.*