MASTER OF PUBLIC HEALTH IN POPULATION MENTAL HEALTH (MPH)

ABOUT

The Rutgers School of Public Health’s Master of Public Health (MPH) in Population Mental Health degree prepares students to address the current challenges in mental health practice and reduce the societal burden of emotional distress, mental illness, substance abuse, alcohol use, and suicide.

Students will be able to identify biological, psychological, structural, socioeconomic, and sociocultural correlates of population mental health, as well as examine the relationship between stigma, mental health, and health inequity.

Graduates will be able to positively impact mental health policy and provide multifaceted interventions and practices to improve mental health and achieve health equity.

Graduates are eligible to sit for the Certified in Public Health Exam.

PROGRAM FORMAT

The MPH in Population Mental Health degree is offered to students on a full-time or part-time basis. Students will complete a total of 45 credits, including a practicum experience and capstone research project.

If completing the program as a full-time student (nine or more credits per semester), the degree requirements may be completed in as little as two years (four to five semesters).

Part-time students taking at least six credits per semester may expect to finish within four years. Taking courses in the summer may help expedite part-time students’ timing. Courses are available in-person, remote, and/or online.

Students are also required to register for and complete an Interprofessional Education activity prior to graduation.

FAST FACTS

Total Credits: 45

Format: Full-time and part-time in-person; some online courses available

Degree Options: Dual degree and 15+ additional certificates

Certified in Public Health Exam Eligibility: Yes

Application Deadlines:

Fall Semester Start Date
January 15 (priority)
May 1 (regular)

Spring Semester Start Date
October 15 (priority)
December 1 (regular)

Apply Today:

go.rutgers.edu/sph-apply
APPLICATION REQUIREMENTS

A complete application includes:
- Online application: visit [go.rutgers.edu/sph-apply](go.rutgers.edu/sph-apply)
- Official transcripts from all post-secondary institutions attended
- Statement of goals, one-to-three pages in length, which addresses:
  - Interest in the program
  - Preparedness for the program
  - Goals and aspirations
- Two letters of recommendation with at least one letter from an academic reference if you are currently enrolled in a degree program or have graduated within the last four years
- Resume or CV
- GRE General Exam (optional)
- TOEFL or IELTS score for applicants educated in a non-native English-speaking country

Applications are accepted on a rolling, space-available basis following the regular deadline.

CURRICULUM

- Core Public Health Courses (18 credits)
- Practicum (3 credits)
- Concentration Courses (15 credits)
- Elective Courses (9 credits)
- Other Requirements
Total: 45 credits

CAREERS

- Mental Health Researcher
- Behavioral Health Program Coordinator
- Advocacy Director
- Policy Analyst
- Journalist

RUTGERS HEALTH
School of Public Health

Ranked Among the Best in the Country

The school has been ranked No. 22 among the 2023-2024 Best Graduate Schools in Public Health by U.S. News & World Report.

$88 million

School primary faculty and students were directly awarded a historic $88 million in federal grant/contract funding in 2023. These were prime awards made to Rutgers University.

Historic Endowment for LGBTQ+ Health

A $3 million gift from James F. Dougherty, will fund the Perry N. Halkitis Endowed Chair in LGBTQ+ Public Health at the school.

IMPORTANT NOTICE The University and the Rutgers School of Public Health, accredited by the Council on Education for Public Health, reserves the right for any reason to cancel or modify any program listed herein as circumstances dictate. The Rutgers School of Public Health does not discriminate in admissions or access to its programs and activities on the basis of race/color, ethnicity, national origin, religion/creed, disability, age, marital status, sex, sexual orientation, or veteran's status. Some careers listed are from: Seltzer, B., & Krasna, H. (2021). 101+ Careers in Public Health. Springer Publishing Company.