

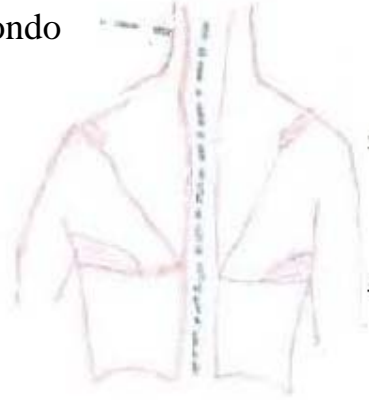
# Nerapotta'r Bebosta

Apne jude betha chan na tahole apnake khula joota porben na. Joto shoondor-e houk eyta porben na.

High heel juuta porle apnar shuja daaranor beghat ghotbe.

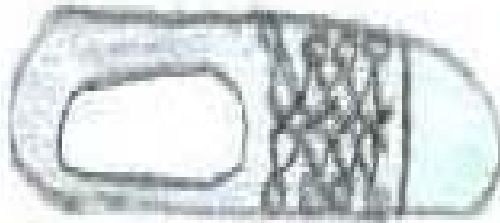


Merudondo



Shojo hoye dara le apnar merudondo bhalo takbe. Je juta portesen etya apnar jono khotee kor.

Flat juuta porle apnar peeter jono bhaloo.

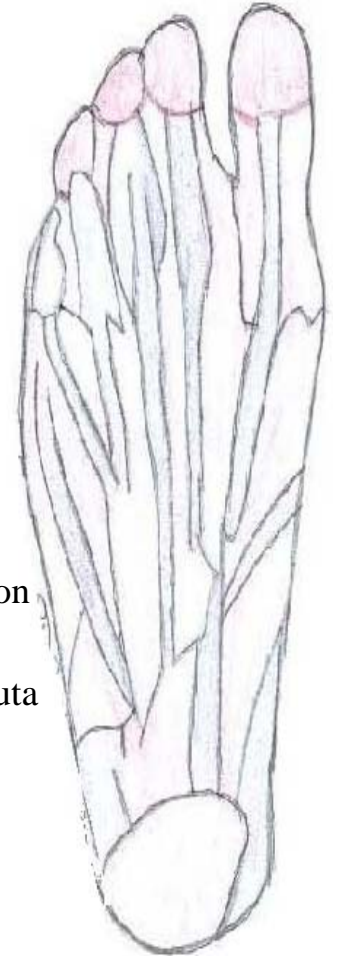


Shob shomoy apnar paa ke shohoj bhabe rakbin. Flat juuta porle aram paben.



Flat juuta apnar shuja darano'r shaijo hobe.

Paer jotno kora khub dorkar karon mohila ra onek shomoy uchu juuta pore.



## JORUREE VITTHIK

Apnar emergency medical jugajooq holo:

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Apnar bachano ba share reek Designee  
(ba manager/malik):

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Apnar bachano abong shaisto cagoj/SDS  
takbe:

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Barti khobor:

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\*Nirbacita content NJ Safe Schools Task Force  
Poster Contest Winners:

Kelcy Cordoma and Carissa Pagano, 1st Runner Up  
Myra Sewall and Gabby Smith, 2nd Runner Up  
Torrie Varallo, Honorable Mention

### Joruree Number

Medical Jaruri Abastha: Call Koren 911

### **Beshakto Bebag**

Apne jude beskahto jeenish kayasen,  
phone koren:

1-800-222-1222

### **NJ Porebesh Bebag Number**

Porebesh bebage jugajooq phone koren:

1-877-927-6337

### **Khemical Durgotona**

Khemical bebage jugajooq phone koren:

1-800-424-8802

abong

Emergency'r jono phone koren

CHEMTREC: 1-800-424-930

NJ Safe Schools Program

[www.njsafeschools.org/RTK](http://www.njsafeschools.org/RTK)

NJ Right to Know Program

<http://nj.gov/health/eoh/rtkweb/index.shtml>

OSHA web page nakha kaajer luker raksa jonno

<http://www.osha.gov/SLTC/nailsalons/index.html>



## COSMETOLOGY ERGONOMICS APNAR DORKARER

### APANAR JUTA TEEK KORE RAHKEN!



Sambhab hoyse New Jersey Department of  
Education Office of Career and Technical  
Education jonno