

HEALTH EFFECTS

Common health effects in salons are:

- Irritation of eyes, nose, throat, mouth, and lungs with coughing and shortness of breath
- Nausea and vomiting, dizziness, lightheadedness, passing out
- Bronchitis or asthma like reactions
- Skin allergy, rashes, redness, blisters, hives, or severe drying
- Ergonomic: back pain, hand strain, physical stress

HOW CAN YOU PROTECT YOURSELF WHEN HANDLING CHEMICALS?

Ensure proper training before handling any chemicals. Follow manufacturer directions when mixing chemicals. Clean up spills immediately. Do not store incompatible chemicals (such as acids and bases) together. Store chemicals according to manufacturer directions. Label each container with chemicals properly. Do not eat or drink in areas where chemicals are being stored.

For information on additional chemical substances refer to Safety Data Sheets

GLOVE USE

- Always use gloves when doing perming, coloring, straightening, and shampooing, then wash hands
- To avoid irritation, apply barrier creams on exposed skin areas
- Do not reuse disposable gloves
- Always check with safety equipment suppliers, manufacturers, and Safety Data Sheets (SDS) for recommendations on which glove type to use
- Replace if signs of cuts, tears or holes

**FINGERS AREN'T DISPOSABLE!
WATCH WHAT AND WHERE
YOU'RE CUTTING*!**

HAND WASHING

- Always wash hands after handling chemicals
- Always wash hands before eating and touching face/eyes

TRIPPING HAZARDS

Make sure pathways are clear from electrical cords and other tripping hazards. Place floor mats over cords and ensure mats are flat and secure. Sweep up hair clippings on a regular basis.

EMERGENCY INFO



**ALWAYS GET MEDICAL
ATTENTION!**

*See the nurse immediately if a
medical emergency occurs at school
If in a salon, call 911*

Large spills

Evacuate and ventilate the area and remove all ignition sources. Absorb the spilled liquid in activated charcoal compound, dry sand or similar material as appropriate and place in a sealed container for disposal. Clean the affected area.

Fires

Liquids can be combustible or flammable; use the appropriate fire extinguisher. Symbols on extinguishers indicate the type of fire they are suitable for. Burning chemicals can release poisonous gas.

Heat Exposure

Hair dryers, flat irons, curlers and curling irons, if left plugged in and on, are a fire hazard. Always turn off when not using to avoid burns or fires.



EMERGENCY CONTACTS

Your emergency medical contact is:

Your Safety and Health Designee (or manager/owner) is:

Your Safety and Health Manual/SDS are located:

Additional information:

*Selected content by Maureen Aparito, Honorable Mention, NJ Safe Schools Task Force Poster Contest.

Emergency Numbers

Poison Control

If a chemical is ingested, call:
1-800-222-1222

NJ Environmental Protection Hotline

To report environmental incidents, abuses or complaints, call:
1-877-927-6337

Chemical Spills

To report a spill, call the National Response Center: 1-800-424-8802
and

For emergency responder procedures in the event of a spill, call CHEMTREC:
1-800-424-9300

For more information:

NJ Safe Schools Program
www.njsafeschools.org/RTK

NJ Right to Know Program
<http://nj.gov/health/eoh/rtkweb/index.shtml>

OSHA web page on protecting nail salon workers
<http://www.osha.gov/SLTC/nailsalons/index.html>



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COSMETOLOGY RIGHT TO KNOW BROCHURE



YOUR HEALTH IS AS
IMPORTANT AS YOUR
CLIENTS' BEAUTY



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