

Title: Promoting Healthy Behaviors Among Adults with Mental Illness

Agency: Bridgeway Incorporated

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BRIDGE TO WELLNESS

- Studies show that people with mental illness have a significantly higher mortality rate than the normal population. Often this is due to preventable diseases stemming from metabolic disorder
- With a recent grant from SAMHSA, Bridgeway aims to integrate psychiatric care and primary care in one facility by opening clinics in their partial care facilities.
- Goals include:
 - Having better coordination of care
 - Having increased awareness about health
 - Diagnosing and treating diseases quicker

ABOUT BRIDGEWAY



- Bridgeway is an organization aiming to help people recover and rehabilitate from their mental illness
- It aims to help people become aware of their illness and reintegrate back into society
- Provides various services to its people served through:
 - Partial Care
 - PACT Teams
 - RIST Teams
 - Vocational Services
 - Housing Services

OUR PROJECT

- Educate the people served on topics associated with health and nutrition
- Teach important information on health and nutrition based off a curriculum designed by Yale University Department of Psychiatry
- Provide information about other illnesses such as hepatitis C, hypertension, and diabetes.
- Answer questions relevant to health and medicine raised by the people served

Healthy People 2020:

- Increase depression screening by primary care providers
- Increase the proportion of adults with mental health disorders who receive treatment
- Increase the proportion of persons with co-occurring substance abuse & mental disorder who receive treatment for both disorders.
- Reduce the proportion of persons who experience major depressive episodes